

A "SPA" Experience
(Spiritual Power in Action)

**featuring Dr. Lena Crouso
& The Village Chapel Praise Band**

February 26th - 27th, 2010
Saints Peter & Paul Retreat Center, Newark, Ohio

Retreat Schedule

Friday Evening

5:00 p.m. Registration Opens

6:00 p.m. Fellowship & Snack Supper

7:00 p.m. Welcome, Worship & Teaching

8:45 p.m. Worship & Concert

9:45 p.m. Free Time

Saturday

8:00 a.m. Breakfast

9:00 a.m. Gathering, Worship & Teaching

11:00 a.m. Break

12:00 noon Lunch

1:00 p.m. Gathering, Worship & Teaching

3:15 p.m. Wrap Up & Communion

4:00 p.m. Send Off

First United Methodist Church Presents:
Our 4th Annual Women's Retreat
A "SPA" Experience
(Spiritual Power in Action)



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& The Village Chapel Praise Band**

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Saints Peter & Paul Retreat Center, Newark, Ohio

Women's Retreat Registration Form

Saints Peter & Paul Retreat Center
2734 Seminary Road SE Newark, OH 43055 (740) 928-4246

Name _____

Address _____

E-Mail Address _____

Home Phone _____

Work Phone _____

Cell Phone _____

Home Church _____

Sleeping Accommodations Requested

First Choice: _____

Second Choice: _____

Roommate (if applicable): _____

Attending without Staying Overnight: _____

Special Dietary and/or Other Needs: _____

Send completed registration and payment to:

First UMC, 88 N. 5th St., P.O. Box 729, Newark, OH 43058-0729

Please make checks payable to First UMC!

office use only		
check # _____	date _____	amount _____

ACCOMMODATIONS

The retreat cost includes breakfast & lunch on Saturday, bed linens & towels, and retreat materials.

Single Room (\$75.00)

If you need extra peace and quiet, there are a limited number of private rooms available. Most of the single rooms are located on the second floor and share a common living room and a large bathroom. Other single rooms have a double bed and their own bathroom.

Double Room (\$65.00)

If you would like to socialize in a smaller group of people, there are a limited number of double rooms. Most of the double rooms are located on the second floor, and many of them have their own bathroom.

Social Dorm (\$55.00)

If you are gregarious and enjoy sharing your space with a lot of people, you can stay with up to 50 other women. This dorm is on the 1st floor and has an abundance of showers & sinks.

Quiet Dorm (\$55.00)

If you would like and/or need your rest, you can stay with up to 50 other women. This dorm is located on the 2nd floor and has an abundance of showers & sinks.

No Overnight Stay (\$30.00)

If necessary, you can attend the retreat and not stay overnight.

OVERVIEW

Dr. Lena Crouso is a daughter of the King, a parent of three daughters with her soon to be ordained husband Kendall, a faculty member at Muskingum University, a part-time staff member at her local church, an author, and the founder of an international community outreach called Women of Witness.

Please bring clothing, toiletries, a Bible, something to write with and on, snacks or drinks to share, and something for the pot luck fellowship time on Friday evening (finger foods for a snack supper), and possibly a seat cushion for the chairs. Once you register for the retreat, you will receive directions and any additional necessary information. If you have questions, please call Dr. Mary Lutz at (740) 349-7020 or e-mail mlutz@firstumcnewark.org for more information about the women's retreat.

The Deadline to Register is 12:00 noon on Monday, February 22nd.